Heber Valley Quilters

NEWSLETTER

JANUARY 2024





Hello and Happy New Year! As your new Heber Valley Guild President, I think you may want to know a little about me in the sewing arena.

Let's start with who it all began with - my grandmother. Grandma J was a thrifty woman who loved garage sales and swap meets! She always brought me and my siblings interesting things that I wouldn't generally buy - a red and black plaid satchel, hot pink fish net stockings - are two things that come to mind. However, when I was 8 years old, my grandmother gifted me a sewing machine.

I remember sitting at a table in my bedroom and teaching myself how to sew. The first thing I made was a royal blue cotton poly apron for my grandmother. Of course it looked perfect to me and I am sure it wasn't, but it started my lifelong hobby of sewing.

I took a sewing class in junior high school. While my friend managed to sew through her finger, I made a rich orange-y brown blouse out of, you guessed it, polyester. It turned out well and I wore it often. I also made a two-piece swimsuit that actually fit.

In high school, I started making dresses for myself on my mom's Necchi machine. I could cut and sew a dress on a Saturday and wear it to the youth dance that night. And if you have seen me wearing a red corduroy shirt, I made that for my dad when I was about 18.

In college, I took pattern making, a fiber class and a children's clothing class. I made a little smocked dress and kept it for my daughter to wear when she was about 2. During this time, I also worked at a large fabric store in San Diego - Yardage City! This is where I designed and started my first quilt. It was a garden gate with ivy and stone pavers, all applique. It is still a UFO, but it was the beginning:)

Since that time, I married, raised three children, took care of aging in-laws, and Continued on page 3.....

~~~ ANNOUNCEMENT ~~~

NEW LOCATION!!! For JANUARY, we will be meeting at the Wasatch County Health Department, located at 55 S. 500 E. in Heber City.

First Thursday of the month, 6:30 p.m.

From then on, we will be meeting in the **Bowcutt Room** at the Wasatch County Library in Heber City.



We are still looking for a new area rep to cover Midway, Heber and Kamas. In the meantime I will let you know what is going on.

The State Guild is supporting the Christmas Box organization this year by making quilts for them. We are hoping that you would like to buy a fat quarter for \$3, then make a 12.5 inch block and return it to the State Guild next August. They will then make these blocks into a quilt that they will give to the Christmas Box. I quite like the fabric they have chosen and I will bring these fat quarters to the next guild meeting.

Some upcoming local events that you might be interested in: Utah Shop Hop will take place April 26-27 and April 29 to May 4 from 10 am to 6 pm. The theme this year is "Bucket List". For a list of the

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stores participating and which theme they have chosen is on their website.

The Salt Lake Quilt, Craft and Sewing Expo is May 16-18 in Sandy at the expo center.

Quilt Walk in Panguitch is June 5-8.

Utah Valley Quilt Fair will be held in Wallsburg, July 17, same place as last year. It is close by and a nice place to come and relax for the day with free classes, yard sale, vendors, etc.

The Garden of Quilts at Thanksgiving Point will take place September 13-16.





......Paige Douglas, continued

worked but I still sewed. My other grandmother passed away and left me \$3,000. The first thing I did was purchase a Bernina as I was soooo sick of bottom thread tension problems and I've never looked back! I went to Women's Conference in Provo and saw hemstitched baby blanket sets at The Quilted Bear. That started a whole new era! I was told "No ladies, you cannot do this at home" and I took that challenge on. I found that with a wing needle with an asterisk stitch, you can make the hemstitch holes. It did take time, but it could be done. I began gifting and selling hemstitched blanket sets.

Quilting began in earnest about 15 years ago. A quilt store opened up in my area in San Diego and I started taking classes. I was drawn to Mary Englebreit fabrics and of course, more flannel for the hemstitched blankets. Then we moved to Utah where quilting stores are plentiful which was nice. My mom gave me some circa 1930 quilt squares that had been given to her from one of my childhood friend's mother. They were a print leaf on a white with black print background. She said they were so ugly that she just couldn't bring herself to put them together. Yep, pretty ugly but interesting. I took them to Quilt Etc. in Sandy and they helped choose some sashing in the lower area where all the 30's fabric was. The quilt turned out great thanks to their help!

And I think that's where my love of 30's and antique fabrics came in. I love the prints and most of the colors - except the atomic green;) Also, my husband and I love to visit antique stores together and I became aware of quilt tops that never made it to the finish line of becoming a quilt. We all know how much time and money it takes to make a quilt top and here were so many tops just begging to be finished. I have become a quilt rescuer!

Over the years, I have gone from a swap meet sewing machine to Berninas, from sewing clothes to blankets to quilts. Thanks to two of my brothers and my husband, I now have an actual sewing room which I am very grateful for. And I have had this thought popping in and out of my mind this past week or so and I wrote it on a stickie on my laptop: Do a little each day. This reaches many different facets of my life where I think I just don't have time to do everything that I want to do in life. What if we all did a little sewing each day? Think of all we would accomplish over time!

Although I have been sewing most of my life, I do not know everything about quilting and I look forward to learning more. And I hope you do too. And I look forward to the warm friendships that we have and will create as we spend a year together doing what we love - quilting!







HVQ Retreat

Our 2024 retreat will be March 22–23 Midway Community Center. "Quiltin' With My Gnomies" Register with Tamara Ellis



Be sure to join the <u>Heber Valley Quilters</u> Facebook Group for Sew'n'Tell photos and between-guild interaction and fun!

Leadership

President: Paige Douglas
Vice Pres/President Elect:
Are you the one??

Treasurer: Carol Hunt
Historian: Deonn Stott
Newsletter: Cat Beckstead
Social Media: Desiree Muheim
Zoom: Andrea Hicken

UFO Chair: Tamara Ellis Charity: Sandy Hindy & Natasha Endito

Design Challenge: Deonn Stott Friendship Exchange: Cindy Williams Round Robin: The guild needs you!

Retreat: Jane Leaphart & Tamara Ellis

Birthdays: Teresa Gamboa Door Prizes: Barb Murdock

Birthdays:

Jan 4 Sally Siggard
Jan 10Patti Keene



Please Bring:

Your very first sewing/quilting project, (UFO or not.) To January's meeting Annual Dues: \$25



www.HeberValleyQuilters.com